



## HAMMER TIME BY SHARON HAMMERSCHMIDT

We didn't see the groundhog, but I did spy a robin on Monday. Can spring be around the corner? Each spring brings a promise of new life. The anticipation of new and renewed life! Jesus died upon the cross so that we may live. This Lent take the time to stop and reflect about all the things that He has done for us. "The cross will teach you great things. Don't be afraid to stand at the foot of that cross....It is only at the foot of the cross that we begin to understand that suffering, as Mother Teresa said, is a kiss from the cross of Jesus." (Walk Humbly With Your God: Simple Steps to a Virtuous Life)

PSAS forms are now available in the school office. The Archdiocese has increased the amount to \$800.00 per child, 1<sup>st</sup>-8<sup>th</sup> grade. Please don't delay on picking up a form to see if you are eligible for this money. The deadline for turning in the application is April 10, 2011.

The 2<sup>nd</sup> Annual Be the Difference Day will be held on Friday, April 29<sup>th</sup>. Some of the grade levels will be volunteering in the community for the full day. In conjunction with Bishop Foley Catholic High School we will be a force of over 600 people! You will be getting more information at a later date but we will be looking for chaperones, transportation and

workers at the various sites. More than ever before our world needs more goodness, more kindness, more caring more witnesses and more action. One by one, we can "be the difference" and make our community and world better.

Thank you for collecting the Hollywood receipts. To this date we have collected close to \$15,000.00. We will continue to collect them until the end of March.

### UPCOMING EVENTS:

- Saturday, March 12<sup>th</sup>—Mother/Son Bowling—
- Tickets \$10.00, pizza/pop and bowling
- Monday, March 14<sup>th</sup>—Muffins for Mom
- Tuesday, March 15<sup>th</sup>—Donuts for Dad
- March 19<sup>th</sup>-Moms to Mom Sale
- Parish Mission-March 20, 21 and 22 @ 7:00 p.m.
- NJHS Induction Mass-7:00 p.m.
- Friday, March 18—NO SCHOOL- TEACHER IN-SERVICE
- March 30 and 31—Spring musical, **GODSPELL @ 7:00 p.m.**

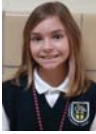
## EDDY'S EDGE BY ANNE EDDY

Mean behavior and bullying behavior is a topic that is often talked about at Guardian Angels Catholic School. However, there are factors outside of school where children can be exposed to mean and bullying behaviors. The media is one source that can greatly influence your child's behavior. As children watch tv and movies, have a conversation with them about any

mean behavior or bullying situations that occur in the show. See if your children can think of ways they would handle the situation if they were the victim or a bystander and how they would feel if they were in the situation. We often become desensitized to mean and bullying behavior in the world. By pointing it out, we can help the children to understand it is not acceptable behavior at school or in the world.

### STUDENT OF THE MONTH AWARDS

#### 6th Grade



KaiLee Brown



Erika Banet

#### 7th Grade



McKayla Krygier



Lauren Sharpe

#### 8th Grade



Samantha Casadonte



Mickey Davey



### Euchre Parties



Field House \$10  
3rd Saturday  
of every month



### SPRING OPEN HOUSE

Sunday, March 6, 2011  
2 - 4pm

Come see what Foley can offer **YOU!**

# GAP NEWS

By: Doug Fontair - GAP President

## God Helps Those Who Help Themselves

It only comes once a year! Have you heard we are having a gathering? What is this? It is a gathering of family, friends, and community. It is a gathering to help your children as well as yourself. On April 30<sup>th</sup> 2011, we have committed to donate our time and resources to our children and their school. This event is the 10<sup>th</sup> Annual Guardian Angels Auction. What does this cost? Actually, not as much as you and your significant other would spend on a Saturday night date. The best part is you get to meet a community of old friends and new friends you haven't met yet. (That means the people your child associates with other than the sports team` they play on.)

So dress to the 9's, put a little extra resources in your pocket, and come to

our "Happening". Help everyone out a little bit, even if you don't know them. It is the Guardian Angels students you are supporting. Take some time to enjoy a four hour party. See what our volunteers do for our community.

There are about 40 or more of us who are working on the auction. Some new and some that have been around for awhile. We have donated our time and energy to help bring this 10<sup>th</sup> Annual Auction to fruition. We would love to have some new faces and new ideas! So please talk to GAP Auction Committee and see if you and your new ideas will work for our Guardian Angels Auction. I bet they will! Come and see how you can help our community. (It's a good way to relieve a stressful day!)

April 30<sup>th</sup>, 2011 is our 10<sup>th</sup> Annual Auction! Be there! Won't you?

### UPCOMING GAP EVENTS

- March 8<sup>th</sup> - GAP meeting
- March 19<sup>th</sup> - Mom-to-Mom Sale



# GODSPELL

Wednesday, March 30

&

Thursday, March 31

7pm in the FBAC (Gym)

Doors Open at 6:30pm

Admission is free. Donations will be accepted at the door. All proceeds go to the music department and the St. Vincent DePaul Food Pantry.

# GAP NEWS

By: Bruce Kowal - GAP Treasurer

As you already know, GAP is the acronym for Guardian Angels Parents. However, I feel a better explanation of this group is Generosity and Participation.

Let's begin with Generosity. Our families at Guardian Angels are very generous. To date, we have raised over \$16,000 through our fundraising efforts. And, we haven't even had our biggest fundraiser yet! We had a terrific response to our new Fruit Sale this year and continue to have success with other programs such as the Entertainment Book sale, Mom-to-Mom sales, and Market Day. This money is what will be used to continue to provide our children with the newest technology, fun and exciting programs, and a safe environment to learn and grow. Guardian Angels does not have a mandatory fundraising requirement, as many other schools do, and it is due to the spirit of Generosity that is so apparent here.

The other element that accompanies this Generosity is Participation. Again, we have a very generous group when it comes to pitching in and helping or simply attending an event.

We know how to relax and have some fun. Our Daddy / Daughter dance, Family Bingo nights, and the

upcoming Mother / Son Bowling are perfect examples of ways we participate in fun activities and build a strong family at Guardian Angels.

We also work very hard when needed. Volunteers make the fundraisers a much easier task. Whether it is unloading the Market Day or Fruit deliveries, collecting Box Tops and Campbell's Labels for Education, baking goods to sell at the Mom-to-Mom sale, or helping with one of the many tasks required to make our Auction run smoothly, we always have people willing to donate their time. Please keep up the Great Work!

Finally, we need help to keep this organization moving forward. As stated, without your help, many of these fundraisers could not succeed. In addition, we need your input on what you would like to see in the future. Not only how we raise the money, but how we allocate it. What items are important to you with respect to your child's education and growth? There are a few ways to provide input to the GAP Board. You can pass it along through your child's homeroom teacher or classroom representative, drop it off in the GAP mailbox in the school office, e-mail any of the board members, or attend a GAP meeting. The next meeting is on Tuesday, March 8<sup>th</sup> at 7:00 pm in the Science Lab and they usually last an hour. We hope to see you there!



## HAPPY BIRTHDAY TO:

### MARCH

- 2 - Scott Roman
- 4 - Jacob Bromm
- 4 - Eleanor Murphy
- 5 - Lily Bell
- 6 - Neatrice Jackson
- 6 - Jenna Landrith
- 6 - Ross Pattinson
- 6 - Jameson Sinagoga
- 7 - Hunter Arafat
- 8 - Seth Richard
- 9 - Jarod Amparo
- 9 - Jennifer Banet
- 9 - Marissa Medici
- 9 - Taylor Tyle
- 10- Kate Taylor
- 11 - Alanna Lewalski
- 12 - Elena Alaoui
- 12 - Abbigayle Lemons
- 14 - Bela Lewalski
- 15 - Trevor Tyle
- 16 - Rita Benjamin
- 16 - Trevor Eisenbacher
- 17- Lorenzo Fava
- 17 - Declan Haun
- 18 - Julia Boswell
- 18 - Sarah Schuller
- 19 - Nicholas DeBussey
- 21 - Austin Richard
- 27 - Allison Curran
- 28 - Isabella Gennero

# Science Circus Brings Science to Life

On February 27<sup>th</sup>, the Academy students in grades 6-8 put on a wonderful learning experience in Science. Science Circus is a learning opportunity which provides interactive fun and science interest for all the students at



Guardian Angels Catholic School. As the Academy students prepared for the science circus, each grade picked their subject matter, and then decorated their science boards.



These boards demonstrated scientific principles to the younger students.

One week before science circus, the Academy students explained all the activities to the students in grades K-5. This sparked the students' excitement about science learning and the fun activities they would get to see.

Then, on February 27<sup>th</sup>, they set up their



stations in the gym. The 38 stations included experiments, hands on science activities and workshops. Some stations returned this year such as the popular flubber and glue



goo, while other newer stations exposed the students to new experiments. Each station was set up to accommodate four students and had instructions and materials to do the activity. The Academy students worked with the younger students to teach them how to complete the experiments.



This event could not be done without the help of the parents. Twenty parent volunteers came in to help make this event a huge success. We had a great day of engaging in learning science.



## Guardian Angels Catholic School is on Facebook!

Please search  
"Guardian Angels"  
and "like" us to become a  
fan of the page and  
receive updates about  
the school.



## GA Angel Savers Club

Angel Savers: Make a deposit at GA on:

**March 3 & March 17 & March 31**

All Angel Savers who make a deposit on March 31<sup>st</sup>  
will receive a "We're #1" Mini Foam Finger!

For an application or questions call  
1.866.669.6228  
and ask for Business Development.



## NEWS FROM THE ART ROOM

### Scholastic Art News!

We have a winner! Praise the Lord!

Our own 7<sup>th</sup> grader, Samantha Hohmann was selected as a **Silver Key winner**. The awards are ranked as Gold Key, Silver Key and Certificate. Our region is Wayne and Oakland Counties.



**There were 4,113 individual entries.** 1,116 pieces were selected to represent the best works in our region. Of those selections there were 199 Gold Keys, **408 Silver keys** and 509 certificates. These awards are for students in grades 7-12. High school students can win scholarships for college and this award brings prestige to high school portfolios. Gold key winners go on to compete at the national level.

Samantha was honored at the 2011 Scholastic Art Awards Ceremony at the College for Creative Studies (CCS) of Feb 12<sup>th</sup>. Her art is on display at the Walter B. Ford Building at CCS until March 4<sup>th</sup>. Samantha's parents, grandparents, aunt and Mrs. Coyne were there to support her.

The pictures show Mrs. Coyne giving Samantha her award and silver key pin, Samantha and Mrs. Coyne with her artwork and Samantha with her grandpa and mom by her artwork.



# The Fourth Graders

## By: The Fourth Grade Class

Mrs. Wagner's class is learning lots of new things. In social studies, language arts, spelling, reading, religion, science and math, they are doing many new lessons and projects. The fourth graders have gotten into groups and written paragraphs about what they have learned in each subject.

### Religion

Our class has many blessing. We also love to share our blessings with others. We read a story called *The Happy Prince*. It is a story about a statue prince, and he gives all his jewels to the poor people in his city.



Mr. Waligora came in and taught one of our religion lesson. He taught us about the Beatitudes. The Beatitudes are teachings of Jesus that show the way to true happiness. At the Sermon of the Mount Jesus gave us the Eight Beatitudes. Our class can't wait to learn more about Jesus and his teachings.

### Math

This is the type of math we do in fourth grade. We do division and multiplication. We find the square root of numbers and multiply by two and three

digit numbers. We also take tests every five lessons that have twenty questions every time. **Nicholas Binno's** favorite part of math is multiplication and so is **Marissa Bui's**. **Claire Dedenbach** and **Gabriel Hijalda's** favorite topic is division. We have also been working very hard to learn our multiplication math facts.



### Social Studies

In social studies we are learning about important people and times in the history of the Southeast. We have learned about Sequoyah and the Cherokee, Thomas Jefferson in Williamsburg, Harriet Tubman and the Underground Railroad, and the struggle for civil rights. We read the book *Who was Harriet Tubman?* and learned many interesting facts about her that we did not know before. **Alyssa Flowers** says, "I like that Harriet Tubman fought for freedom." **Jeremy Dolphin** says, "I am amazed that Harriet Tubman memorized all of the river courses." We loved learning about the Southeast's history.



# Share Their Thoughts

## Language Arts

In grammar we are learning about pronoun-verb agreement. Last week we learned about subject and object pronouns.

In writing, we are presenting our explanatory paragraphs. Everyone in the class is choosing a subject that they can explain to the class. **Caroline Bishop** says, "I enjoy teaching the class something they probably don't know." **Joe Davey** says, "I'm excited about eating the treats from the people who show us how to make food." We're looking forward to presenting our topics to our classmates.

## Spelling

In spelling we are learning words with the "u" sounds. **Owen Groth** says, "The words have been getting harder every week, but this week's spelling test will be much easier than last week."



## Reading

In reading we learned about people who have disabilities, especially blindness. What is cool is that they can do the same things we do like play hockey, basketball, ski, and they can even drive. We

also learned that when people have a problem with one of their senses, their other senses become stronger. **Neatrice Jackson, Jacob Kujawa, Bela Lewalski, and Nikolas Cascianelli** said that they never knew that people with disabilities can do the same things as us.

## Science

Nikolas Cascianelli decided to tell you what is



going on in Science. We learned about plants and all of their parts. That's in Chapter 1. In Chapter 2, we learned about animals and the difference between instincts and learned behavior. Next we're going to learn Chapter 3: Energy in Ecosystems.

Now you know what the fourth graders are doing in Mrs. Wagner's room!



## UPCOMING EVENTS AT GA

### MARCH

- 4 - Parish Appreciation Party
- 7 - Declamations @ 9am
- 7 - 8th Grade Burns Ashes @ 2:30pm
- 8 - GAP Meeting @ 7pm
- 9 - Ash Wednesday
- 11 - Stations of the Cross
- 12 - Mother/Son Bowling @ 12:30pm
- 16 - AR Points Due
- 18 - End of 3rd Quarter
- 18 - NO SCHOOL  
Teacher In-Service
- 19 - Moms to Moms Sale
- 23 - NJHS Inductions @ 7pm
- 25 - Stations of the Cross
- 26 - Communion Retreat @ 12:30pm
- 28 - Reconciliation @ 1pm
- 30 - *Godspell Jr.* @ 7pm
- 31 - *Godspell Jr.* @ 7pm

### APRIL

- 1 - K-12 Mass with BFC
- 1 - Stations of the Cross
- 2 - 10 - Spring Break  
- No School
- 12 - GAP Meeting @ 7pm
- 14 - Spring Pictures
- 15 - Stations of the Cross
- 20 - 1/2 day - noon dismissal
- 21 - 25 - Easter Break  
- No School
- 29 - Be the Difference Day

# GA Troop 1094 Boy Scout Activities

By Troop Historian, AJ Rowe

Troop elections were held on February 8<sup>th</sup> at our Tuesday troop meeting. When the ballots were counted the results were: Senior Patrol Leader (SPL) - Brenton Pippin, Assistant Senior Patrol Leader (ASPL) - Gary Micu Jr., Quarter Master - Raymond Pippin, Scribe - Joe Coyne, Historian - AJ Rowe, Chaplain Aide - Alexander Micu and OA Rep - Andrew Larkin. The Patrol Leader (PL) for the Coyotes is Rudy Stuglin, the PL and APL for the Flaming Arrows are James Burke and Chris Peterson respectively and for the Flaming Aces, they are Alex Maskill and Chris Motowski. They will hold these positions for the next year for the troop. Good luck to our newly elected Scouts!

The Troop's February outing will be the Klondike being held on Saturday the 26<sup>th</sup> at D-bar-A. Some of the activities that the Scout's will be doing are First Aid, Stilts, Log Walking, Log Balance and Knots 100' rope where the rope is tied between two trees 25' apart and the goal is get the rope off the ground using big loops but not touching the ground. This should be a fun weekend for all of the Scouts.

## GAP Brings Wild Life to GA

Thank you GAP for funding our Animal Magic Assembly. We loved learning about exotic animals such as the Tarantula, White Snake, Kooka Burra, world smallest fox, and Sloth. We loved seeing all the animals.



# NEWS

From the

By Mr. Kuhar and Mr. Waligora

The God Squad is well rested and relaxed after Mid-winter break! We are very grateful for the time off. We hope and pray that the extra time with your children was blessed and filled with moments of grace and seeing God in the faces of your children. It is hard to believe, but Lent begins on Wednesday, March ninth. It is approaching rather quickly so it is always good to take a few minutes before it arrives to reflect on Lent and how we will enter into this season of penance in order to make the most of it.

Some of us may groan when we realize Lent is just around the corner and we think about giving up one of our favorite things. We may think that forty days seems like forever and there is no way we can last that long without chocolate, an iPod, Facebook, television, pop, or sweets but with the help of Jesus we can make it the whole forty days. Lent, however, is much more than just giving up your favorite thing. It is a time of conversion, of turning back to the Lord, of growing in relationship with God. It is an opportunity to deny self and to live more fully for Christ. If we simply give something up without any thought of Christ we are missing the point. The whole point of making sacrifices is to grow closer to the Lord and come to recognize our dependence upon Him in a new way.

When we fast, we are trying to make more room for Christ in our hearts so it is important to fill the space created with Christ. We do not want to give up television and then spend that time searching the web, but rather take that time normally spent watching television and spend it in prayer, reading the lives of the saints, or studying scripture. We cannot just sit back and expect our relationship with the

## God Squad

Lord to grow on its own. We have to work at it like anything else we want to achieve. St. Paul writes in his first letter to the Corinthians, “Do you not know that the runners in the stadium all run in the race, but only one wins the prize? Run so as to win. Every athlete exercises discipline in every way. They do it to win a perishable crown, but we an imperishable one. Thus I do not run aimlessly; I do not fight as if I were shadowboxing. No, I drive my body and train it, for fear that, after having preached to others, I myself shall be disqualified.” I remember reading an article in the Free Press a few years back on Rip Hamilton who plays basketball for the Pistons. The article featured Rip’s training routine as well as his diet. He spent hours in the gym working out and running so he could be in the best shape possible. He had a very strict diet; eating and drinking foods and beverages that would only be beneficial to his body and training. This is what it takes to be a champion, a professional athlete, to perform at one’s highest level. We are called to do the same in regard to our spiritual training.

We need to discipline ourselves in the ways of the Lord. Fasting for Christ is one way to strengthen our wills in order to be open to doing the will of the Father in our everyday life. We have to avoid anything that is unhealthy for us (namely sin) and work to follow the Lord more closely each day. We have to remember that we are training ourselves so that we may win the crown of heaven, a crown that will last forever. This is the ultimate goal, the supreme prize, the greatest award we can ever behold! Make a commitment this Lent to train diligently so that you may become the best version of yourself and one day enjoy the beauty of heaven forever!



# GA Athletics

[www.angelsathletics.com](http://www.angelsathletics.com)

## Winter Sports Wrap-up

By the time you read this, the Basketball regular season will be complete. And what a success it was for our 8 basketball teams. Four of the 8 teams won their divisions, with three making the playoffs. Great work from all our kids.

GA was also represented by three bowling teams (11 bowlers) and the cheerleading squad. Bowling will continue until March 12 and the cheerleaders will have their competition in mid March. These students still need your support so wish them well over the remainder of their seasons.

Thank you to all of the many volunteers who helped to make the home games run so smoothly. As you know, this is a lot of work and could not be done without you. We would especially like to thank all of the coaches for their time, dedication and effort spent with all the teams. You are the reason for all the success we enjoy.

## Spring Sport Registration Remains Open

Registration for Lacrosse, Softball, Baseball and Track is now available on the GA Athletics website. Specific information is available under the “register online” link on the left hand side of the home page. Teams will be formed March 1<sup>st</sup> so please register before this date. Practices will start the week of March 14, games start March 28 and the season will run through May 15. Just a reminder that all registrations and payments must be done through the website.

## March Market Day

Just a reminder that March is Athletics month for your Market Day order. A portion of Market Day profits will be donated to support the Athletics program. The more we order the more we receive so place your order now.

# Go Angels!

## **Michigan Catholic Credit Union to award \$5,000 in Scholarships!**

Michigan Catholic Credit Union will be awarding \$5,000 in scholarships this spring. MCCU created the “Make a Difference” Scholarship Program to award educational scholarships to students and families who are committed to making a difference in the lives of others through their volunteer services in their school, parish, and/or community. Ten (10) one-year educational scholarships, in the amount of \$500 each, will be awarded this spring to selected MCCU members.

### **Members can apply for one of two categories of scholarship allocation:**

- Families who attend a primary or secondary (K-12) Catholic School
- Graduating high school seniors pursuing higher education

For a complete list of eligibility requirements and to obtain an Application Packet, please visit our website at [www.michcathcu.org](http://www.michcathcu.org). All scholarship applications are due by April 29<sup>th</sup>, 2011.



Bishop Foley Catholic School  
32000 Campbell  
Madison Heights, MI 48071

### Touring Tuesdays

Come and tour  
Bishop Foley Catholic High  
School on any Tuesday  
from 10 am - 2pm.

For more information.,  
call 248-586-1210 or go to  
[www.bishopfoley.org](http://www.bishopfoley.org)



# Catholic Schools Week

## Crazy Sock Day



Bishop Foley Catholic  
Drama Ensemble  
Presents

## Once Upon A Mattress

March 4 & 5, 2011  
7:30 pm at the  
Lamphere Auditorium

## Crazy Hat Day



## ART BEAT



Bishop Foley Catholic  
High School  
invites you to join us for

## An Evening of Music, Dance, & Art

May 11, 2011 @ 7pm  
In the Café & Media Center



## GA Spirit Day

# Kriza's Korner

By Sharon Kriza



## “Affirming your child’s voice: How and when to encourage your child to speak up”

Uncommon parenting by Chick Moorman and Thomas Haller “Stop interrupting me when I’m talking” “Tell me what you really want” “Stop challenging what I tell you.” “You should have brought that concern to me.” “This better be important.” These phrases and others like them are sending mixed messages to our children. They are telling them: “Talk, but don’t talk.” “I value communication, but only on my terms.” It’s no wonder many of our children are confused about when and how to access their own voice. Most parents would agree that children need a voice at every stage of their development. But while it’s true that we all want our children to speak up and use their words, we don’t want them interrupting, or incessantly challenging our role as parent.

On one hand, it seems okay for a child to ask for what he wants if it’s another helping of food, but on the other hand, it doesn’t feel appropriate for that child to ask for another toy while shopping at the store. We want our children to be creative thinkers and share their ideas. Yet, we don’t always applaud when they publicly state opinions about rules or challenge our system. We want our teens to start thinking for themselves, but we often chastise them when those thoughts reveal beliefs that are contrary to our family morals or societal norms. Children don’t automatically know when and how to speak up. They don’t understand the appropriate times to interrupt. Nor do they demonstrate the skills that will enable them to speak up effectively. They don’t understand the power of words and how to use them to create change in their lives. The most effective way for children to learn when and how to speak up is for you to teach them. **If you want a behavior, you have to teach a behavior!** And it is important you do so by using your own voice in respectful, nurturing ways. Below are some suggestions for

when to encourage your child to speak up and words he might use when he does.

Children need to speak up when-

#1. **They don’t understand something.** It’s sometimes hard for them to understand why things work the way they do and the more clarification they can get from adults, the better they are able to grasp the abstract nature of their world. Teach them to say “I don’t understand this,” or “Can you help me figure this out?”

#2. **They need help.** Children need help reaching toys on a high shelf, writing a thank you note, understanding a math concept, handling a peer relationship; and in many other situations as they move through each developmental stage. Some situations they can handle themselves-others they cannot. A key component to becoming independent is knowing when and how to ask for help.

#3. **They want something.** Wanting and needing are two different things. Yes, it’s okay that they ask for something they need or even want. But just because they speak up for something they want or need doesn’t mean they will get it. It is our job as parents to deny those requests while respecting their rights to vocalize the desire to get their wishes. For some children, whining becomes the preferred way of asking for what they want. They need to understand that whining does not work with you. Say, “That’s whining and whining does not work with me. Use your words to tell me what you want. By using your words, you sometimes will get what you want. Sometimes you won’t, but your only hope is not to whine!” They need to learn that sometimes getting what you want is a matter of timing- if you want a cookie that’s great but you might not get it until after dinner. That toy might not be attainable until we talk about implementing a plan to save for it. What are they willing to do to help get it? (To be continued- I know you will all be anxiously waiting to hear the rest of this article)